

# St Matthew's Westminster

## Lent Prayer Beads

### The Cross

✠ In the name of the Father and of the Son and of the Holy Spirit. Amen.

### The Invitatory

*O God make speed to save us.  
O Lord, make haste to help us.*

Glory to the Father and to the Son and to the Holy Spirit: as it was in the beginning is now and shall be for ever. Amen.

### The Cruciforms

See, we are going up to Jerusalem, and everything that is written about the Son of Man by the prophets will be accomplished. *(Luke 18.31)*

### The Weeks

Create in me a clean heart, O God, and put a new and right spirit within me. *(Psalm 51.10)*

Or:

My eyes are ever towards the Lord, for he will pluck my feet out of the net. *(Psalm 25.15)*

After the last Cruciform Bead:

### The Conclusion

Personal prayer, a collect for Epiphany and/or The Lord's Prayer may be said.

A Lent Collect

Almighty God, whose dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord ... Amen.

The Lord's Prayer

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come, thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.

For thine is the kingdom,  
the power, and the glory  
for ever and ever.  
Amen.

### The Cross

✠ The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with us all evermore.  
Amen.

✠ *Let us bless the Lord.*  
Thanks be to God.

