

St Matthew's  
Westminster



The Sunday Mass

The First Sunday  
Of Lent

March 6<sup>th</sup>, 2022





Welcome! It is a privilege to welcome visitors and regular worshippers to St Matthew's, and it is our duty to be concerned for the safety of everyone.

During this time of heightened concern about possible infection, only the consecrated bread will be offered to the congregation at Mass. The Church teaches that Christ is fully present in each of the elements, and that receiving the Sacred Host alone constitutes a full Communion.

Masks are no longer required in church, however please feel free to continue wearing one if you wish. St Michael's Chapel has been reserved for those wishing to maintain greater distance.

We are currently maintaining the practice of sharing the Peace with one another by offering a gesture of peace rather than the traditional handshake.

Please ensure mobile telephones are switched off for the duration of the service.

For those who are hard of hearing the church has an inductive loop system. Please set your hearing aid to the *T* position during the liturgy.

Gluten free hosts are available for those who are gluten intolerant. Please ask for this before the service begins.

If you are new to St Matthew's and would like to know more about our life, please speak to one of the clergy.

The Mass is at the heart of our life together and the place where we encounter Christ in word and sacrament. Before the service begins we keep a time of silence, preparing quietly for the service.

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## INTRODUCTORY RITE

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### Mass Setting

Collegium Regale

*Herbert Howells (1892-1983)*

### Organ Prelude

Erbarm dich mein, O Herre Gott

*J S Bach (1685-1750)*

*When the bell rings, please stand for the entry of servers and clergy. As the Introit is sung, the Altar and the Book of The Gospels are blessed with incense.*

### Introit Hymn

Lead us, heavenly Father, lead us  
O'er the world's tempestuous sea;  
Guard us, guide us, keep us, feed us,  
For we have no help but thee;  
Yet possessing every blessing,  
If our God our Father be.

Saviour, breathe forgiveness o'er us:  
All our weakness thou dost know;  
Thou didst tread this earth before us,  
Thou didst feel its keenest woe;  
Lone and dreary, faint and weary,  
Through the desert thou didst go.

Spirit of our God, descending,  
Fill our hearts with heavenly joy,  
Love with every passion blending,  
Pleasure that can never cloy:  
Thus provided, pardoned, guided,  
Nothing can our peace destroy.

*Words: J Edmeston (1791-1867)*

*Music: Mannheim (CP 496), F Filitz's Choralbuch (1847)*

## The Greeting

✠ In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

The Lord be with you  
**and also with you.**

*The priest welcomes the people.*

## Prayers of Penitence

My brothers and sisters,  
as we prepare to celebrate the mystery of God's love,  
revealed in Word and Sacrament,  
let us call to mind our sins.

Wash me thoroughly from my wickedness  
and cleanse me from my sin:  
Lord, have mercy.  
**Lord, have mercy.**

Make me a clean heart, O God,  
and renew a right spirit within me:  
Christ, have mercy.  
**Christ, have mercy.**

Cast me not away from your presence  
and take not your Holy Spirit from me:  
Lord, have mercy.  
**Lord, have mercy.**

## Kyrie Eleison

## Absolution

## The Collect of The Day

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## THE LITURGY OF THE WORD

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### First Reading

*Deuteronomy 26. 1-11*

A Reading from the Book Deuteronomy.

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us.'

When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous.

When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me.' You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

The Word of The Lord.

**Thanks be to God.**

## Psalm 91. 1-11

*Whoso dwelleth under the defence of the most High \* shall abide under the shadow of the Almighty. I will say unto the Lord, Thou art my hope, and my strong hold \* my God, in him will I trust. For he shall deliver thee from the snare of the hunter \* and from the noisome pestilence. He shall defend thee under his wings, and thou shalt be safe under his feathers \* his faithfulness and truth shall be thy shield and buckler. Thou shalt not be afraid for any terror by night \* nor for the arrow that flieth by day; For the pestilence that walketh in darkness \* nor for the sickness that destroyeth in the noon-day. A thousand shall fall beside thee, and ten thousand at thy right hand \* but it shall not come nigh thee. Yea, with thine eyes shalt thou behold \* and see the reward of the ungodly. For thou, Lord, art my hope \* thou hast set thine house of defence very high. There shall no evil happen unto thee \* neither shall any plague come nigh thy dwelling. For he shall give his angels charge over thee \* to keep thee in all thy ways.*

## Second Reading

Romans 10. 8-13

A Reading from the Letter of Paul the Apostle to the Romans.

‘The word is near you, on your lips and in your heart’ (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, ‘No one who believes in him will be put to shame.’ For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, ‘Everyone who calls on the name of the Lord shall be saved.’

The Word of The Lord.

**Thanks be to God.**

## Hymn

Father of heaven, whose love profound  
A ransom for our souls hath found,  
Before thy throne we sinners bend;  
To us thy pardoning love extend.

Almighty Son, Incarnate Word,  
Our Prophet, Priest, Redeemer, Lord,  
Before thy throne we sinners bend;  
To us thy saving grace extend.

Eternal Spirit, by whose breath  
The soul is raised from sin and death,  
Before thy throne we sinners bend;  
To us thy quickening power extend.

Thrice holy! Father, Spirit, Son;  
Mysterious Godhead, Three in One,  
Before thy throne we sinners bend;  
Grace, pardon, life to us extend.

*Words: Edward Cooper 1770-1833*

*Music: Rivaultx (CP 421), J B Dykes 1823-1876*

### **The Acclamation of The Gospel** (*stand*)

Praise to you, O Christ, King of eternal glory.

**Praise to you, O Christ, King of eternal glory.**

The Lord is a great God, O that today you would listen to his voice:

Harden not your hearts.

Praise to you, O Christ, King of eternal glory.

**Praise to you, O Christ, King of eternal glory.**

### **The Holy Gospel**

*St Luke 4. 1-13*

A reading from the Holy Gospel according to St Luke.

**Glory to you, O Lord.**

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."'

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written, "Worship the Lord your God, and serve only him."'

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written, "He will command his angels concerning you, to protect you", and "On their hands they will bear you up, so that you will not dash your foot against a stone."'

Jesus answered him, 'It is said, "Do not put the Lord your God to the test."'  
When the devil had finished every test, he departed from him until an opportune time.

The Gospel of The Lord.  
**Praise to you, O Christ.**

**The Sermon**            Fr Peter Bradley

### **The Apostles' Creed**

**I believe in God, the Father Almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

**The Prayers of The People**

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# THE LITURGY OF THE SACRAMENT

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## The Peace

The peace of the Lord be always with you.  
**and also with you.**

*We are invited to exchange a gesture of peace with our neighbour.*

## Offertory Hymn

*During the hymn the Altar is prepared. Once prepared, the Altar, with the gifts of bread and wine upon it, is blessed with incense. The clergy & congregation are also censed.*

A safe stronghold our God is still,  
A trusty shield and weapon;  
He'll keep us clear from all the ill  
That hath us now o'ertaken.  
The ancient prince of Hell  
Hath risen with purpose fell;  
Strong mail of craft and power  
He wareth in this hour;  
On earth is not his fellow.

And were this world all devils o'er,  
And watching to devour us,  
We lay it not to heart so sore;  
Not they can overpower us.  
And let the Prince of Ill  
Look grim as e'er he will,  
He harms us not a whit;  
For why? his doom is writ;  
A word shall quickly slay him.

With force of arms we nothing can,  
Full soon were we down-ridden;  
But for us fights the proper Man,  
Whom God himself hath bidden.  
Ask ye, Who is this same?  
Christ Jesus is his name,  
The Lord Sabaoth's Son;  
He, and no other one,  
Shall conquer in the battle.

God's Word, for all their craft and force,  
One moment will not linger,  
But, spite of hell, shall have its course;  
'Tis written by his finger.  
And though they take our life,  
Goods, honour, friends, in strife,  
Yet is their profit small;  
These things shall vanish all:  
The City of God remaineth.

*Words: Martin Luther (1483-1546)*

*Music: Ein' Feste Burg (NEH 444), Martin Luther*

## Orate Fratres

*Priest* Pray, my brothers and sisters,  
that this our sacrifice may be acceptable to God, the Almighty Father.

*All* **May the Lord accept the sacrifice we offer,  
for the praise and glory of his name,  
for our good and the good of all his Church.**

*The priest says a prayer over the gifts of bread and wine.*

## The Eucharistic Prayer

*Priest* The Lord be with you

*All* **and also with you.**

*Priest* Lift up your hearts.

*All* **We lift them to the Lord.**

*Priest* Let us give thanks to the Lord our God.

*All* **It is right to give thanks and praise.**

... for ever praising you and saying:

## *Sanctus & Benedictus*

*The Prayer continues ...*

*Priest* Great is the mystery of faith:

*All* **Christ has died;**

**Christ is risen;**

**Christ will come again.**

*Priest* ... for ever and ever. **Amen.**

*A short time of silence is kept at the end of the Eucharistic Prayer.*

## The Lord's Prayer

**Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come, thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread.  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.**

**For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

## Agnus Dei

### Holy Communion

*The Celebrant invites the congregation to receive Communion,  
and all respond*

**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

*A note for visitors - anyone who receives Holy Communion at their own church is welcome to do so at this service. If for any reason you do not wish to receive Communion, you are invited to come forward for a blessing.*

### Communion Motet

*Lord, let me know mine end, Maurice Greene (1696-1755)*

*Lord, let me know mine end, and the number of my days, that I may be certified how long I have to live. Behold, thou hast made my days as it were a span long, and mine age is even as nothing in respect of thee; and verily every man living is altogether vanity. For man walketh in a vain shadow, and disquieteth himself in vain; he heapeth up riches, and cannot tell who shall gather them. And now, Lord, what is my hope? truly my hope is even in thee. Hear my prayer, O Lord, and with thine ears consider my calling; hold not thy peace at my tears. O spare me a little, that I may recover my strength, before I go hence, and be no more seen. (Psalm 39)*

*At this point those joining us online are invited to make an Act of Spiritual Reception, saying the words of this prayer.*

*My Jesus,  
I believe that you are present in this Holy Sacrament of the altar.  
I love you above all things,  
and I passionately desire to receive you into my soul.  
Since I cannot now receive you sacramentally,  
come spiritually into my soul so that  
I may unite myself wholly to you now and forever.*

*Prayer of St Alphonsus*

## The Postcommunion Prayer

### Announcements

### Hymn

Lord of all power, I give you my will,  
In joyful obedience your tasks to fulfil.  
Your bondage is freedom, your service is song,  
And, held in your keeping, my weakness is strong.

Lord of all wisdom, I give you my mind,  
Rich truth that surpasses my knowledge to find.  
What eye has not seen and what ear has not heard  
Is taught by your Spirit and shines from your Word.

Lord of all bounty, I give you my heart;  
I praise and adore you for all you impart:  
Your love to inspire me, your counsel to guide,  
Your presence to cheer me, whatever betide.

Lord of all being, I give you my all;  
If e'er I disown you I stumble and fall;  
But, sworn in glad service your word to obey,  
I walk in your freedom to the end of the way.

*Words: Jack C Winslow (1882-1974)*

*Music: Slane (CP 507), Irish Traditional Melody*

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## THE DISMISSAL

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### The Blessing

The Lord be with you  
**and also with you.**

*the priest pronounces God's Blessing, which is followed by the Dismissal.*

The Mass is ended. Go in the peace of Christ.

**Thanks be to God.**

*The Mass concludes with the Angelus which recalls the centrality of the Incarnation as we are sent out to live the faith we have proclaimed.*

### The Angelus

The angel of the Lord brought tidings to Mary.

**And she conceived by the Holy Spirit.**

**Hail Mary, full of grace, the Lord is with thee.**

**Blessed art thou among women,**

**and blessed is the fruit of thy womb Jesus.**

**Holy Mary, Mother of God, pray for us sinners now**

**and at the hour of our death. Amen.**

Behold, the handmaid of the Lord.

**Be it unto me according to thy word.**

Hail Mary ...

And the word was made flesh.

**And dwelt among us.**

Hail Mary ...

Pray for us, O Holy Mother of God:

**That we may be made worthy of the promises of Christ.**

The Collect

### Organ Postlude

Ein feste Burg ist unser Gott

*J S Bach (1685-1750)*

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## BULLETIN

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### Music Notes

The anthem this morning is a setting of verses from Psalm 39.

*Lord, let me know mine end, and the number of my days.*

The early eighteenth century was a rather fallow period in English church music, but this setting by Maurice Greene is remarkable. It is a most powerful and expressive composition. The walking bass throughout the anthem can be taken as an evocative depiction of life's journey, over which sits thoughtful imitative phrases. The middle section is an exquisite soprano duet.

Maurice Greene was born in 1696. He was organist of St Paul's Cathedral and of the Chapel Royal. In 1735 he was appointed Master of the King's Musick.

Nigel Groome

Director of Music, St Matthew's Westminster

### Weekly Newsletter

If you would like to receive our E-Newsletter, which is sent out on Friday each week, please sign up via the website or give your name to Daniel.

### Clergy

The clergy are available for the hearing of confessions and conversations about matters of faith and belief. If you would like to see a priest, in confidence, please ask one of them at the end of a service or email [clergy@stmw.org](mailto:clergy@stmw.org).

### Oremus

Oremus - *let us pray* - is an invitation to prayer that is extended to all of us to share our common concerns, joys and hopes. At St Matthew's prayers are offered daily for the sick & suffering, the departed, the needs of our community, the Church and the wider world. If there is a particular need you would like remembered in prayer, please give details to one of the clergy or email the office.

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## FUTURE SERVICES & EVENTS

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Monday March 7<sup>th</sup>

12.30 Low Mass

Tuesday March 8<sup>th</sup>

18.30 Evensong (Plainsong)

Wednesday March 9<sup>th</sup>

09.15 School Mass

12.30 Low Mass

18.30 Choral Evensong

*Speaker: Geoffrey Weaver*

*Walmisley in D minor, O thou who camest from above (Weaver)*

Friday March 11<sup>th</sup>

12.30 Low Mass

Saturday March 12<sup>th</sup>

10.00 Congregational Outing to Sir John Soane's Museum

*We have been fortunate to secure tickets (free) for a visit to this Remarkable museum in Lincoln's Inn Fields. The visit will last until 12.00, after which those who wish will have lunch together.*

Sunday March 13<sup>th</sup> *Second Sunday of Lent*

11.00 Solemn Mass

*Preacher: Fr Jonathan Aitken*

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## LENT AT ST MATTHEW'S

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### Sermons in Lent

On Sundays in Lent the sermons at our Solemn Mass will be based on a hymn, chosen by the preacher. We hope that looking at the faith on the slant through hymnody will be helpful and refreshing. It might be an idea to read the hymn before Sunday and reflect on the meaning for yourself.

March 13<sup>th</sup> Fr Jonathan Aitken *Glorious things of thee are spoken*  
March 20<sup>th</sup> Fr Jeremy Davies *There's a wideness in God's mercy*  
March 27<sup>th</sup> Fr Michael Skinner *How shall I sing that majesty*  
April 3<sup>rd</sup> Fr Philip Chester *Lead, kindly light, amid the encircling gloom*

*Next week:*

*Glorious things of thee are spoken,  
Sion, city of our God;  
He whose word cannot be broken  
Formed thee for his own abode:  
On the Rock of Ages founded,  
What can shake thy sure repose?  
With salvation's walls surrounded,  
Thou may'st smile at all thy foes.*

*See, the streams of living waters,  
Springing from eternal love,  
Well supply thy sons and daughters,  
And all fear of want remove:  
Who can faint, while such a river  
Ever flows their thirst to assuage?  
Grace, which like the Lord the giver,  
Never fails from age to age.*

*Round each habitation hovering,  
See the cloud and fire appear  
For a glory and a covering,  
Showing that the Lord is near.  
Thus they march, the pillar leading,  
Light by night and shade by day;  
Daily on the manna feeding  
Which he gives them when they pray.*

*Saviour, if of Sion's city  
I through grace a member am,  
Let the world deride or pity,  
I will glory in thy name:  
Fading is the worldling's pleasure,  
All his boasted pomp and show;  
Solid joys and lasting treasure  
None but Sion's children know.*

### Lent Resources

We are once again producing weekly resources to accompany us on our Lenten journey. Hard copies will be available each Sunday, and you can sign up to receive them electronically via the website or by sending an email to Daniel in the office.

## Giving to St Matthew's

Like virtually all other bodies, the church has taken a massive financial hit in the past year. Our current income at St Matthew's is considerably below what we need to run the church, and we pray that this will change in due course. We are inviting all members of the church to prayerfully consider increasing their giving on whatever way is most convenient for you.

We greatly welcome donations to support the life and ministry of St Matthew's.

Donations may be made by:

- ❖ Using the contactless machine located in the Narthex as you enter or exit the church.
- ❖ Scanning the QR code below with your mobile phone (providing payment card details).
- ❖ Placing cash or a cheque in the collection plate.

Please consider making a Gift Aid declaration, if eligible, so that we are able to reclaim the tax and increase the value of your donation by 25%. For contactless and mobile giving you will automatically be offered this option. For cash and cheque donations please complete a white Gift Aid envelope.

If you would like to make a regular donation the best way to do this is to set up a standing order with your bank and, where applicable, complete a Gift Aid declaration. We will be glad to give you have the church's bank account details for this purpose and a Gift Aid form.

Thank you for your support of St Matthew's.



Additionally there is another way you can financially support the life of St Matthew's at no cost to you! St Matthew's is part of the Giving Machine, a fundraising site that raises donations for charities whenever you shop online. Sign up at [www.thegivingmachine.co.uk/causes/st-matthews-westminster](http://www.thegivingmachine.co.uk/causes/st-matthews-westminster) and whenever you shop at over 2,200 of your favourite retailers, including Waitrose, John Lewis, Sainsburys and M&S a small donation is made to St Matthew's at no cost to you (or us)!



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## DIRECTORY

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<i>Vicar</i>	Fr Philip Chester
<i>Assistant Priests</i>	Fr Peter Hanaway, Fr Jonathan Aitken, Fr Michael Skinner, Fr Peter Bradley
<i>Director of Music</i>	Nigel Groome
<i>Churchwardens</i>	Simon Lello, Jess Streeting
<i>Pastoral Assistant</i>	Daniel Binder
<i>Interim Operations Director</i>	Fr Peter Bradley
<i>School Head Teacher</i>	Rachel Jewitt
<i>Conference Centre Manager</i>	Enver Sengul

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