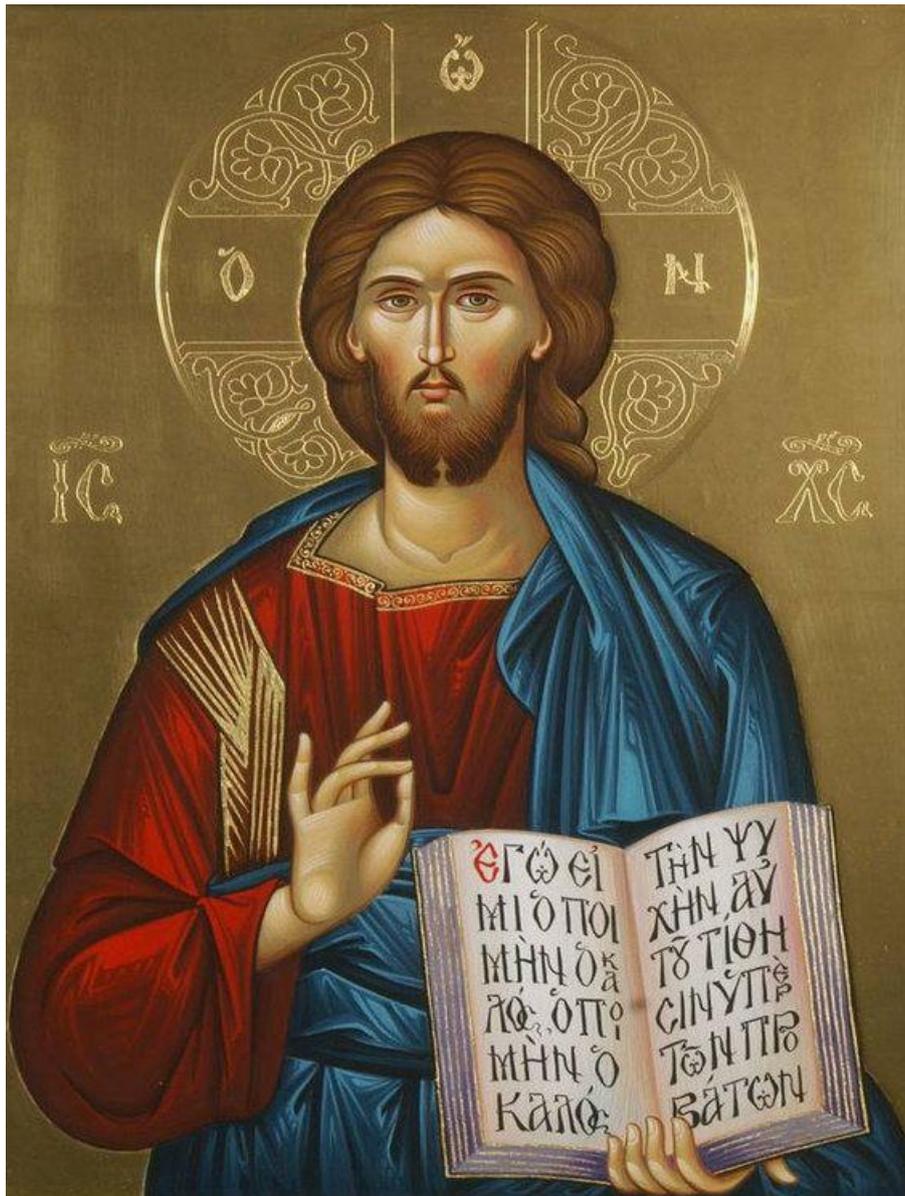


*Mass from St Matthew's, Westminster  
The Second Sunday After Trinity  
21<sup>st</sup> June 2020*



# X

## Introductory Rite

✠ In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

The Lord be with you.  
**And also with you.**

Welcome to St Matthew's Westminster for this Mass today. Even though physically separated, I hope you will feel part of this act of prayer and worship, as we celebrate in the presence of God, who is Father, Son and Holy Spirit.

## Prayers of Penitence

My brothers and sisters,  
as we prepare to celebrate the mystery of God's love,  
revealed in Word and Sacrament,  
let us call to mind our sins.

Like as the hart longs for flowing streams,  
so longs my soul for you, O God:  
Lord, have mercy.  
**Lord, have mercy.**

O send out your light and your truth,  
that they may lead me:  
Christ, have mercy.  
**Christ, have mercy.**

May we come to your altar, O God,  
the God of our salvation:  
Lord, have mercy.  
**Lord, have mercy.**

## Absolution

May Almighty God have mercy upon us,  
forgive us our sins, and bring us to everlasting life. **Amen.**

## Gloria In Excelsis

Glory to God in the highest,  
and peace to his people on earth.  
Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.

## The Collect of The Day

*Trinity 2*

Lord, you have taught us  
that all our doings without love are nothing worth:  
send your Holy Spirit  
and pour into our hearts that most excellent gift of love,  
the true bond of peace and of all virtues,  
without which whoever lives is counted dead before you.  
Grant this for your only Son Jesus Christ's sake.

## Liturgy of The Word

### First Reading

*Jeremiah 20.7-13*

A reading from the Book of the Prophet Jeremiah

O Lord, you have enticed me, and I was enticed;  
you have overpowered me, and you have prevailed.  
I have become a laughing-stock all day long; everyone mocks me.  
For whenever I speak, I must cry out,  
I must shout, 'Violence and destruction!'  
For the word of the Lord has become for me  
a reproach and derision all day long.

If I say, 'I will not mention him, or speak any more in his name',  
then within me there is something like a burning fire  
shut up in my bones;  
I am weary with holding it in, and I cannot.  
For I hear many whispering: 'Terror is all around!  
Denounce him! Let us denounce him!'

All my close friends are watching for me to stumble.  
'Perhaps he can be enticed, and we can prevail against him,  
and take our revenge on him.'  
But the Lord is with me like a dread warrior;  
therefore my persecutors will stumble, and they will not prevail.  
They will be greatly shamed, for they will not succeed.  
Their eternal dishonour will never be forgotten.  
O Lord of hosts, you test the righteous,  
you see the heart and the mind;  
let me see your retribution upon them,  
for to you I have committed my cause.

Sing to the Lord; praise the Lord!  
For he has delivered the life of the needy  
from the hands of evildoers.

The Word of the Lord.  
**Thanks be to God.**

## Second Reading

*Romans 6. 1-11*

A reading from the Letter of Paul the Apostle to the Romans

What then are we to say? Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

The Word of the Lord.  
**Thanks be to God.**

## Gospel Acclamation

Alleluia, Alleluia. Alleluia.

**Alleluia, Alleluia. Alleluia.**

You will shine in the world like bright stars:  
because you are offering it the word of life.

**Alleluia, Alleluia. Alleluia.**

## The Holy Gospel

*St Matthew 10. 24-39*

A reading from the Holy Gospel according to St Matthew  
**Glory to you, O Lord.**

‘A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

‘So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

‘Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

‘Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

For I have come to set a man against his father,  
and a daughter against her mother,  
and a daughter-in-law against her mother-in-law;  
and one’s foes will be members of one’s own household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.

The Gospel of the Lord.

**Praise to you, O Christ.**

## The Sermon

Mthr Sarah Lenton

## The Nicene Creed

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made,  
of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## The Prayers of The People

## Liturgy of The Sacrament

### The Peace

Lord Jesus Christ, you said to your apostles  
peace I leave with you, my peace I give to you:  
regard not our sins but the faith of your Church,  
and grant us the peace and unity of your kingdom  
where you live for ever and ever. Amen.

The peace of the Lord be always with you.  
**And also with you.**

### The Preparation Of The Gifts

Blessèd are you, Lord God of all creation.  
Through your goodness  
we have this bread to offer,  
which earth has given and  
human hands have made.  
It will become for us the bread of life.  
**Blessèd be God for ever.**

Blessèd are you, Lord God of all creation.  
Through your goodness  
we have this wine to offer,  
fruit of the vine and work of human hands.  
It will become our spiritual drink.  
**Blessèd be God for ever.**

### Orate Fratres

Pray, my brothers and sisters, that this our sacrifice  
may be acceptable to God, the almighty Father.  
**May the Lord accept the sacrifice we offer  
for the praise and glory of his name,  
for our good, and the good of all his Church.**

### Prayer Over The Gifts

God of wisdom,  
receive all we offer you this day.  
Enrich our lives with the gifts of your Spirit,  
that we may follow the way of our Lord Jesus Christ, and serve one another in freedom.  
We ask this in his name.  
**Amen.**

## The Eucharistic Prayer

The Lord be with you.

**and also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ,  
your living Word through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and saying:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessèd is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed,  
the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood  
of our Lord Jesus Christ:

Who in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying,

**Take, eat; this is my body which is given for you;  
do this in remembrance of me.**

In the same way, after supper,  
he took the cup and gave you thanks;  
he gave it to them, saying,

**Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.**

Great is the mystery of faith:  
**Christ has died:  
Christ is risen:  
Christ will come again.**

And so, Father,  
calling to mind his death on the cross,  
his perfect sacrifice made once  
for the sins of the whole world;  
rejoicing in his mighty resurrection  
and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice of  
praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you;

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of Our Lady,  
St Matthew, St Edward the Confessor,  
and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

By whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours,  
almighty Father, for ever and ever. **Amen.**

## The Lord's Prayer

At the Saviour's command  
and formed by divine teaching, we dare to say:

**Our Father who art in heaven,  
hallowed be thy name.**

**Thy kingdom come, thy will be done;  
on earth as it is in heaven.**

**Give us this day our daily bread**

**And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation  
but deliver us from evil.**

**For thine is the kingdom, the power and the glory  
for ever and ever. Amen.**

## The Fraction

### Agnus Dei

**Lamb of God, you take away the sin of  
the world: have mercy on us.**

**Lamb of God, you take away the sin of  
the world: have mercy on us.**

**Lamb of God, you take away the sin of  
the world: grant us peace.**

## Invitation to Communion

Behold the Lamb of God, who takes away the sin of the world.

Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word and I shall be healed.**

## Spiritual Communion

*During the coronavirus pandemic the Church of England is having to put public worship on hold. This means that many people who would have received Holy Communion each Sunday, and some of them every day, are not able to receive the comfort and benefits of the sacrament.*

*This is a huge loss. However, it is not the first time that the Church has been in such a position. Throughout Christian history some Christian people have found themselves isolated from the sacramental life of the Church for all sorts of reasons, and particularly in times of plague, famine and warfare.*

*At such times the Church has encouraged people to make what is called a Spiritual Communion. It is a way of uniting yourself with Jesus and entering into communion with him even though you are not able to receive the sacrament itself.*

*The prayer that follows draws on the story of the woman who comes to Jesus but only touches the hem of his garment. She still receives healing and blessing (See St Mark 5. 25-34). In a way, spiritual communion is like this. We are not able to receive the sacramental bread and wine. But in a spiritual communion we still come to Jesus and he still receives us.*

### *Act of Spiritual Reception*

O loving God, in union with Christian people throughout the world and across the centuries gathered to make Eucharist, hearing your holy Word and receiving the Precious Body and Blood of your dear Son, I offer you praise and thanksgiving. Even though I am exiled from tasting the Bread of Heaven and drinking the Cup of Life I pray that you will unite me with all the baptised and with your Son who gave his life for us.

Come Lord Jesus, dwell in me and send your Holy Spirit that I may be filled with your presence.

### **Postcommunion Prayers**

Father of all, we give you thanks and praise  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body, live his risen life:  
we who drink his cup, bring life to others:  
we whom the Spirit lights, give light to the world.  
Keep us in this hope that we have grasped;  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.

**Heavenly Father, your steadfast purpose  
is the completion of all things in your Son Jesus Christ.  
May we who have received the pledges of the kingdom,  
live by faith, walk in hope and be renewed in love;  
through Jesus Christ our Lord.**

### **The Dismissal**

The Lord be with you  
**and also with you.**

Go forth now, into the world in peace;  
Be of good courage; hold fast to that which is good,  
Render to no one evil for evil;  
Strengthen the fainthearted; support the weak;  
Help the afflicted; honour everyone;  
Love and serve the Lord;  
and the ✠ blessing of God Almighty,  
Father, Son and Holy Spirit, be with now and always. **Amen.**

The Mass is ended.  
Go in the peace of Christ.  
**Thanks be to God.**



*The Mass concludes with the Angelus  
which recalls the centrality of the Incarnation  
as we are sent out to live the faith we have proclaimed.*

## The Angelus

The angel of the Lord brought tidings to Mary.  
**And she conceived by the Holy Spirit.**

**Hail Mary, full of grace, the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb Jesus.  
Holy Mary, Mother of God, pray for us sinners now  
and at the hour of our death. Amen.**

Behold, the handmaid of the Lord.  
**Be it unto me according to thy word.**

Hail Mary ...

And the word was made flesh.  
**And dwelt among us.**

Hail Mary ...

Pray for us, O Holy Mother of God:  
**That we may be made worthy of the promises of Christ.**

Almighty God, pour thy grace into our hearts, that as we have known  
the incarnation of thy Son Jesus Christ by the message of an angel,  
so by his ✠ Cross and Passion we may be brought unto the glory  
of his resurrection; through the same Christ our Lord. Amen.

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## Organ Postlude