

St Matthew's, Westminster

Guide to Presenting the Eucharistic Elements on Sundays

The Elements are the bread and wine for the Eucharist.

They are taken up to the altar by two people at the beginning of the Offertory hymn, which immediately follows the exchange of Peace.

They are usually ready on the table just between the chapel and entrance to the church.

First share the peace, then go to pick them up and wait.

Then, if there is more than one priest, one will continue to share the peace with the congregation whilst the other goes to the altar.

Next, as soon as the priest is in position at the altar the two of you should go in side by side to the centre, turn towards the front and go right up to the top of the altar step. The priest will take the bread and the wine.

Once both elements have been passed over, the priest will bow his/her head. You should bow back, turn and return to your seat.